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 **Seeds of Wisdom Team**

**Your Community**

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[**https://seedsofwisdomteam.com**](https://seedsofwisdomteam.com)

**Mushroom photos by JJ Smith in the art room**

**MUSHROOMS MARKZ IS NOT ENDORSING ANY PRODUCT**

**Research into each one and you will find so much information**

**Natural Blaze: JJ Smith found**

**Film: Mushrooms Heal You and The Planet!**

**https://www.naturalblaze.com/2019/08/film-mushrooms-heal-you-and-the-planet.html**

Natural News: JJ Smith

Better than bone broth? Many health gurus are switching to mushroom broth

<https://www.naturalnews.com/2019-07-16-many-health-gurus-are-switching-to-mushroom-broth.html>

**Turkey tail mushroom**

https://www.healthline.com/nutrition/turkey-tail-mushroom

**Chaga**

https://www.disabled-world.com/fitness/nutrition/chaga.php

**Rick Simpson story RSO**

Full version

https://www.youtube.com/watch?v=V1UqdL7sgBM

**Some places to Purchase**

http://www.phoenixtears.ca/

**Amazon Lions mane**

Organic Lion's Mane Mushroom Capsules - 2100 mg Max Capsule Dose + Absorption Enhancer

by DR EMIL NUTRITION

Four Sigmatic Mushroom Coffee with Lion’s Mane & Chaga For Concentration + Focus, Vegan, Paleo, Gluten Free, 0.09 Ounce (10 Count)

https://www.amazon.com/s?k=mushroom+coffee&ref=nb\_sb\_noss\_2

Pure Lion's Mane™ - Aloha Medicinal

**Solaray** - Mushroom Complete 8 - on Amazon https://www.amazon.com/s?k=Solaray+-+Mushroom+Complete+8+-+on+Amazon.

Contains eight mushrooms: oyster, cordyceps, turkey tail, royal agaricus, lion's mane, shiitake, maitake and rishi. Potent supplement that can support a healthy immune system May help lower high levels of bad (LDL) cholesterol

NEW ON MUSHROOMS JJ Smith

[**http://healthimpactnews.com/2019/reishi-mushrooms-fight-inflammation-and-cancer/**](http://healthimpactnews.com/2019/reishi-mushrooms-fight-inflammation-and-cancer/)

**MICRO DOZING RESEARCHING**

Buckley fountain

<https://beckleyfoundation.org/microdosing-lsd/>

NCBI

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6364961/>